

Name of Examination:- Master of Physical Education (M.P.Ed.)

Paper :- MPE-1002

Subject:- Fundamental of Sports Psychology

Semester:- IV (May/June 2025)

Maximum marks:- 50

Time:- 3 hours

(Write your Roll No. on the top immediately on receipt of this question paper)

Note:- Attempt any five questions.

All questions carry equal marks.

Each question carry 10 marks.

Q1 Describe the sensory perceptual process and its importance in everyday life.

Q2. What motivational techniques would you suggest to motivate students? Discuss.

Q3. Critically analyse the psychoanalytic theory of personality development.

Q4. What do understand by Spectators? Explain different types of spectators.

Q5. Write an essay on the relationship between arousal and performance.

Q6. Explain IZOF and suggest how psycho regulative techniques can be incorporated during competition phase?

Q7. Write the short-term psychological preparation schedule for a team which will be participating in a competition after six weeks.

Q8. Suggest various strategies to improve group cohesion among students.